



Food Allergy Policy and Procedure (for severe allergies and intolerance)

Policy statement

To ensure that all children are provided with the correct foods at snack and mealtimes, and not allowed access to other children's options

Procedure

- Children with allergies are to be supervised by a member of staff in the room at all times during snack or mealtimes, to ensure food is not shared.
- All children will be sat at a table for snack and meals.
- We have a buddy system in place for all food times, and a member of staff will sit with any children who have an allergy/intolerance to ensure they don't eat/pick up another child's food.
- For children with allergies, we request parents to provide their own packed lunch / snacks to ensure the correct foods are provided.
- Snacks bought and prepared by the kitchen staff are always checked with the allergy list and the Room Leader.

- All hands should be washed before and after handling food products to prevent cross-contamination.
- Parents will be asked to complete an Allergy Care Plan for any children with allergies, which will be reviewed every 6 months.
- We communicate regularly with parents/carers regarding food issues/menus/choices etc to ensure a child centred approach.

	<u>Date:</u>	<u>By Whom?</u>	<u>Comments</u>
Created	30 th September 2019	Linda Reynolds	
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