



Home from Home
CHILDCARERS
BECAUSE WE CARE

Nappy Changing Policy

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

- We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.
- We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Our staff have a list of changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing areas are warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention.
- Each child has their own basket/bag with their nappies or pull ups and changing wipes.
- Our staff put on gloves before changing starts and the areas are prepared. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always used for a 'soiled' nappy.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about nappy contents.
- We do not make inappropriate comments about children's genitals when changing their nappies.

- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

Policy Links

Our intention is for this policy to be read in conjunction with the following Home from Home Childcarers Policies and Procedures:

- Intimate Care Policy

	<u>Date:</u>	<u>By Whom?</u>	<u>Comments</u>
Created	25 th November 2019	Zoe Shaw	
Reviewed	4 th February 2020	Chrissie Morley + SMT	
Reviewed	31 st March 2021	Zoe Shaw	
Reviewed	15 th April 2022	Rachel Simms	
Reviewed	10 th March 2023	Zoe Shaw	
Updated	1 st March 2024	Zoe Shaw	Updated Policy Links
Reviewed	11 th September 2025	Zoe Shaw	
Next Review:	2026		