



Home from Home
CHILDCARERS
BECAUSE WE CARE

Nut Policy and Procedure

Policy statement

Home from Home Childcarers is a “No Nut” setting.

Procedure

- Parents will be informed that products containing peanuts, nuts or direct nuts (including Peanuts, Hazelnuts, Almonds, Walnuts and Pecans) are **not** allowed in the setting due to staff and children having Nut allergies. Any products sent in will be returned to the parent unopened, and parent spoken to.
- Products that “may contain nuts” or “are made in a factory where nut products are produced” or “Not suitable for nut allergy sufferers” can be eaten by children without allergies in the setting, if they’re not sat next to or in close contact with a child with a nut/food allergy.
- Children with allergies are to be supervised by a member of staff in the room at snack or mealtimes, to ensure food is not shared.
- Food bought and prepared by the kitchen staff are generally nut free and wouldn’t be purchased intentionally. If any products are found to “may contain nuts”, they would only be given to children without a nut allergy.
- All hands should be washed after handling nut containing products to prevent cross-contamination.
- Parents will be requested not to use oils/creams containing nut products on their children’s skin or hair – whilst we appreciate it may be due to cultural/religious reasons – we would request an alternative product to be sourced and applied. Room Leader would need to inform Management and plan if a (new) child was thought to be at risk.
- Certain sun creams now contain nut oils
- If a child was to enter the setting with an airborne nut allergy, these procedures would be reviewed immediately.
- Parents will be asked to supply an in-date auto-injector pen (EpiPen) and antihistamine medication for any children with nut allergies.
 - First Aid training attended by staff in February 2024 highlighted that due to shortages in EpiPens they can be used up to 12 months after they have gone out of date if the

liquid in the window on the pen is still clear. However, we will ask for new EpiPens before they are due to run out.

- If auto-injector pen medication needs to be administered to a child, or adult, an ambulance should be called, to provide additional support.
- Any person with a nut allergy will require an allergy care plan to be valid and completed, which will be reviewed every 6 months.

	<u>Date:</u>	<u>By Whom?</u>	<u>Comments</u>
Created	20 th September 2019	Linda Reynolds	
Reviewed	4 th February 2020	Zoe Shaw + SMT	
Reviewed	25 th March 2021	Zoe Shaw	
Reviewed	15 th April 2022	Rachel Simms	
Reviewed	10 th March 2023	Zoe Shaw	
Updated	1 st March 2024	Zoe Shaw	Updated EpiPen information
Reviewed	18 th September 2025	Zoe Shaw	
Next Review	2026		